

Rest Your Mind...Awaken Your Spirit

In-Room Breakfast – complete breakfast

The Usual:

Freshly cracked Bekings Farm eggs any style, bacon, ham or sausage, potatoes, toast, homemade preserves, your choice of fruit juice & Arc blend coffee or tea

L'habituel:

Deux oeufs votre style, bacon, jambon, ou saucisses, pommes de terres, confitures maisons

18

The Continental:

Your choice of a pastry, bagel or toast, plain or fruit yogurt & fresh cut fruit, homemade preserves, your choice of fruit juice & Arc blend coffee or tea

Le Continental:

Votre choix de pâtisseries, bagel ou roties, yaourt, fruits frais, confitures maisons

14.50

Arc French toast:

Oat & cinnamon crusted cranberry focaccia, maple syrup, orange butter, your choice of fruit juice & Arc blend coffee or tea

Pain Dorée Arc:

Focaccia aux canneberges en croûte d'avoine et cannelle, beurre à l'orange

16

On the go!!!

One egg done any style, toast, homemade preserves, fresh cut fruit, your choice of fruit juice & Arc blend coffee or tea

Rapide:

Un oeuf votre style, roties, confitures maisons

10

140 Slater Street, Ottawa, ON



Reservations: (613) 238 9998

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À la carte

Steel cut oats

Flocons d'avoines

5

Your choice of cold cereals

Céréals

3

Cretons

Cretons maisons

2

Fresh cut fruit

Fruits Frais

4

Yogurt

Yaourt

3

Muffin

Muffins

2

Bagel

Bagel

3

Toast

Roties

2

Spicy baked beans

Fèves au lard

2

Sliced Balderson cheddar

Cheddar Balderson

3

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In-Room Breakfast – Arc specialties

Corned beef hash & eggs:

O'Brien Farm in-house brined flank steak, hash potatoes, caramelized onions, herbs & freshly cracked Bekings Farm eggs done any style, toast

Bavette de boeuf marine, pommes de terres, oignons caramélisés, herbes, deux œufs votre style, roties

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Eggs Bened'Arc:

Poached Bekings Farm eggs wrapped in smoked salmon, fennel pollen, grapefruit hollandaise, fresh dill, grilled focaccia

Oeufs bénédicte, style Arc: Oeufs pochées avec saumon fume, pollen de fenouil, hollandaise aux pamplemousse, aneth, focaccia grillé

16

Neighbourhood omelette:

Bekings Farm egg, Le Coprin mushrooms & Ferme Floralpe fresh goat cheese omelette, Upper Canada Heritage Meats' braised pork belly, beans & potatoes, toast

Omelette locale: champignons Le Coprin, fromage de chèvre, poitrine de porc braisée, fève au lard, roties

16

House-made waffle:

Bourbon vanilla spiked, blackberry-honey compote, pistachio crème anglaise

Gaufre maison à la vanilla, compote de mûres et miel, crème anglaise à la pistache

13

The Trio Santé:

Home-made granola, fresh cut fruit, your choice of plain, strawberry, or raspberry yogurt

Le Trio Santé: Granola maison, fruits frais, votre choix de yaourt

12

Pick your Lox:

Your choice of bagel, Nova Scotia smoked salmon, caramelized onion & fresh dill cream cheese

Votre choix de bagel avec saumon fume, oignons caramélisés, aneth et fromage à la crème

9

Steve's egg white omelette:

Tomato, red pepper, green onion, ham & cheese, fresh cut fruit salad, toast

Omelette au blancs d'œufs avec oignons verts, poivrons rouges, jambon et fromage, fruits frais et roties

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Taxes and 15% gratuity will be added to your bill.

Taxes et 15% de service seront ajoutés à votre facture.

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